

Health Together



April 2014

Wyre Forest CCG Celebrates 1st Birthday

On the 1st April 2014 NHS Wyre Forest Clinical Commissioning Group (CCG) marked its one-year anniversary. The CCG is responsible for health services in the local area, which includes planning health services, based on assessing the needs of the local community, paying for services that meet the needs of patients and monitoring the quality of the services and care provided to patients.

A year down the line and the CCG has much to celebrate:

- **Improvements have been made** in the standards of care for patients in care homes, highlighted when the CCGs care home project won an Acorn award from NHS Alliance. The project won the 'best example of breaking the mould in primary care' award.
- **The CCG was named number one** in the country for palliative care. The figures published by Public Health England's, National End of Life Intelligence Network showed that 57% of patients in Wyre Forest were given the chance to die in their usual place of residence, this compared to a national average of 44%.
- **The CCG has remained in financial balance**, despite increasing financial pressure over the past 12 months. This means the CCG can continue to influence health outcomes in the Wyre Forest and can look to innovate and develop new ideas for the future.
- **Every practice now has the same computer system** and the system is currently being installed into other sites such as out of hours services and A&E. This allows local GPs to work better with each other and with other organisations in Worcestershire. Our example has been followed by our neighbouring CCGs, giving a countywide joined up system.
- **Continuing to increase patient and public participation** in the CCG with our Membership Scheme, Advisory Groups and Patients Groups.

Dr Simon Rumley, Chair and Clinical Lead for NHS Wyre Forest CCG said: "It's been an extremely busy year for the CCG and the NHS as a whole. We've made some real progress in the past year and aim to build on this progress over the next 12 months.

"Our aim is to make sure that everyone can enjoy the same opportunities for good health. We also want to ensure that our local population has access to the very best health services, from an NHS which is fit to cope with future demands."



ASPIE

Are you feeling isolated and misunderstood?

ASPIE is a self-help group and motivation group for adults with Asperger's Syndrome (on the autistic spectrum). Our address is 26 Sansome Walk, Worcester WR1 1LX Meeting on Wednesdays 1pm to 9pm. We are fortunate in having an excellent Australian psychologist who is able to encourage lively discussions, draw out members and help them address their issues on a one to one basis. Find friendship and support pre and post diagnosis.

Parents/friends and health professionals are also welcome.

We are pleased to welcome new members and provide a low pressure environment to relax, socialise, play games, access the internet, or just 'be' without having 'pretend to be normal'.

This group is for ASPIEs by ASPIEs so feel free to give your input.

You can read more about us on our website

www.aspieeverywhere.org.uk

We look forward to seeing you.



Pathways to Recovery Kidderminster Worcestershire

Pathways is a free and confidential service for people experiencing issues with alcohol or substance misuse. We offer information, advice and support as well as medical and psychological treatment and access to residential rehabilitation dependent upon your need.

We also support you to access a range of other agencies that can assist you on your journey of recovery.

If you would like to talk to someone in confidence about your own, or someone else's, alcohol or substance misuse, please call us in confidence on: **01562 823 211** or visit our website: **www.cri.org.uk**



Want to Be A Community Well- being Buddy?

We are still looking for volunteers to become Health & Well- being Buddies for a new service being introduced into doctor's surgeries throughout the Wyre Forest. This confidential service will provide help for patients who have physical, mental or emotional issues. The buddy role will address the needs of the patient by signposting them to other agencies and community activities within their area.

No experience is necessary as full training will be provided.

For more information and an informal chat about this exciting new role please contact:

Katrina Willetts at the Wyre Forest Citizens Advice Bureau on

01562 60194

Email: healthandwellbeing@wyreforestcab.cabnet.org.uk

Contact Health Together

*Pete Emms Engagement
Manager- NHS Wyre
Forest CCG- Locality
Office- Kidderminster
Health Centre-
Bromsgrove Street-
Kidderminster-DY10 1PG*

Tel: 01562 513558